



Asa Cordle, MD MBS
Director TMS CLINIC



***Why choose the TMS Clinic at
Raleigh Psychiatric Associates?***

Dr. Cordle, one of the few fellowship-trained brain stimulation psychiatrists in the United States, has performed thousands of TMS treatments. Due to his extensive training and experience, he is able to provide a broader array of advanced treatment options, and he is able to do so at affordable rates due to our efficient, direct-pay clinic.

To refer a patient online:

Raleigh Psychiatric Associates
www.raleighpsych.com/tms-clinic

For more information or
to request a consultation appointment:

Raleigh Psychiatric Associates
3900 Browning Place, Suite 201
Raleigh, NC 27609
Office: 919-787-7125
Fax: 919-781-9952

Raleigh Psychiatric Associates
Serving North Carolina Since 1978

TMS CLINIC
Transcranial Magnetic Stimulation

Transcranial Magnetic Stimulation

(TMS) is a safe and effective, non-invasive and non-pharmacological treatment for severe depression and other neuropsychiatric disorders. TMS brings meaningful benefit to the majority of patients, even those who have had little or no relief from medications or psychotherapy. Most patients begin to feel better within weeks of starting treatment.

The mood improvement brought about by TMS lasts beyond what typically is expected from medications alone or from electroconvulsive therapy (ECT). TMS produces no cognitive side effects, such as memory difficulty, nor does it cause the side effects found often with antidepressants, such as weight gain, lethargy, dry mouth, stomach upset, or changes in libido. TMS is compatible with antidepressant medication and/or psychotherapy.

TMS treatment consists of placing a coil to the patient's head. A pulsed magnetic field is directed to a key region of the brain regulating mood. This stimulation, repeated through recurring sessions, helps to restore function to pathways in this region and other regions of the brain, enhancing "neuroplasticity". The patient becomes better able to respond to medications and to engage in psychotherapy, reducing the harmful biological and social effects of untreated depression.

The TMS Clinic at Raleigh Psychiatric Associates offers individualized and evidence-based TMS treatment in coordination with your psychiatrist/therapist and with minimal disruption to your life. Your outpatient treatment will occur at our offices in the North Hills area, and will consist of daily 20-minute sessions occurring 4 to 5 times a week. You may choose to schedule your session for the same time each day. There will be no restrictions on driving or other routine activities following a session.



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Transcranial Magnetic Stimulation

Why choose TMS for depression?

- Most patients with treatment-resistant depression respond to TMS.
- TMS offers an exceptional combination of response rate and duration.
- TMS is safe. Thousands of patients across the United States have received TMS, and report fewer side effects than from medications, ECT or ketamine.
- TMS is FDA approved for treatment-resistant depression.

Why choose a direct-pay or out-of-network clinic for TMS?

- Practitioners can focus on the best available treatment options for each patient without the constraints imposed by insurance providers.
- Patients feel better sooner. There is no wait for insurance authorizations, appeals or reviews.
- Confidentiality is respected. The patient may elect that information not be sent to insurance providers.
- Patient time is respected. Appointments occur on time, are never rushed, and are never overbooked.
- Rates are transparent.